

# ECLIPSE SPORT SUPPLEMENTS

The Intelligent Choice in Sport Nutrition™

# COMPLEX 24

**Eclipse Complex 24 is a Multi-Vitamin and Mineral Complex Designed for the Physically Active Adult**

**P**hysically active people may require a higher intake of vitamins and minerals than do sedentary people. The current %DV (% Daily Value) for vitamins and minerals are established to provide the minimum amount in order to prevent a deficiency in healthy adults. This means that when someone is sick or physically active the vitamin and mineral requirement may be greater than the recommended daily intake.

Eclipse Complex 24 is buffered, cold processed, time released and contains chelated minerals in order to ensure maximum absorption. The serving of two tablets daily, one every twelve hours also increases absorption due to the fact that the body can only absorb a specific amount at one time.

The properties that make Complex 24 unique are the increased amount of chelated minerals, digestive enzymes, and additional CoQ10 that other leading multivitamins fail to incorporate into their formulas. The complete array of fat and water-soluble vitamins provide the primary functions and benefits associated with this formula.

Complex 24 also includes a sufficient amount of powerful antioxidants. Antioxidants are compounds that decrease the amount of free radicals, which are produced from oxidative reactions. Free radicals can damage the integrity of the cell membrane and thus lead to undesirable effects.

In summary, Eclipse Complex 24 provides the latest in vitamin and mineral absorptive delivery coupled with the incorporation of enhanced mineral content, digestive enzymes, and CoQ10. The use of this complete multi-vitamin and mineral complex should be considered an essential part of any supplement program. This superior formula and design is what makes Complex 24 the obvious choice in a large market of inferior formulas.

#### REFERENCES

1. Whitney, E.N. et al. 1990. "Understanding Nutrition" West Publishing Comp. 5th ed; Apped.B: p. 9-10.



Supplement Facts			
Serving Size 2 tablets			
Servings per container 30			
Amount per serving	%Daily Value	Amount per serving	%Daily Value
Vitamin A (as beta-carotene)	12,500 IU 250%	Calcium	325 mg 33%
Vitamin D (from fish liver oil)	335 IU 85%	Iron (as ferrous fumarate)	10 mg 56%
Vitamin E (d-alpha tocopherol)	200 IU 667%	Magnesium (as magnesium oxide)	45 mg 11%
Vitamin C (as ascorbic acid)	300 mg 500%	Phosphorus	250 mg 25%
Vitamin B-1 (Thiamin)	10 mg 667%	Copper (as Copper Gluconate)	.4 mg 20%
Vitamin B-2 (Riboflavin)	10 mg 590%	Potassium (as Potassium Citrate)	17 mg 4%
Vitamin B-6 (Pyridoxine)	20 mg 1000%	Zinc (as Zinc Gluconate)	8 mg 56%
Vitamin B-12 (Cyanocobalamin)	10 mcg 167%	Iodine	50 mcg 33%
Pantothenic Acid	17 mg 165%	Chromium	5 mcg *
Folic Acid	400 mcg 100%	Selenium	5 mcg *
Biotin	10 mcg 4%	Manganese (as Manganese Gluconate)	5 mcg *
PABA	10 mg *		
Choline	25 mg *		
Inositol	50 mg *		
CoQ10	10 mg *	Pepsin	15 mg *
Lipase	10 mg *	Papain	15 mg *
Diatase Malt USP	10 mg *	Betaine Hydrochloride	15 mg *

**Other Ingredients:** Barium, Bismuth, Boron, Cobalt, Gallium, Silicon, Silver, Strontium, Sulphur, Titanium, Vanadium, Zirconium.

**Complex 24 Multi-Vitamin & Mineral  
Cold Processed  
Timed Release  
With CoQ10  
Chelated Minerals**